# Federal Correctional Complex Butner, North Carolina



# Doctoral Psychology Internship 2006/2007

# Table of Contents

Introduction
Training Goals
Agency and Program Philosophy5
Institutional Setting6
Psychology Programs9
Training Tracks
Supervisory Staff
Supervision
Curriculum
Didactics
Program Options
Applications and Admissions
Benefits
The Area
Career Opportunities
Reaching the Institutions
Applicant Summary Sheet
Appendix A (Staff)
Appendix B (Adjunct Staff)
Forensic Seminar Schedule
Psychology Seminar Schedule

#### Introduction

This document describes the psychology internship training offered by the Federal Correctional Complex (FCC) in Butner, North Carolina for the 2006/2007 training year. This is a full-time, one year program. Applications are accepted from students in accredited programs in clinical and counseling psychology who have completed all course work and required practica for a doctoral degree. There are seven positions in five tracks available for 2006/2007. This program is accredited by the American Psychological Association and maintains membership in the Association of Psychology Postdoctoral and Internship Centers (APPIC). As will be discussed below, for a number of years FCC Butner has also been part of an internship program shared with the University of North Carolina, which also holds APA accreditation; with this option, two trainees spend equal time at each site. Application procedures for each option will be addressed in detail below.

### **Training Goals**

The internship component of the Psychology Service strives to meet the training needs of doctoral candidates in applied psychology through supervised experience, didactic programs, and focused scholarship. Our objective is to help doctoral candidates transition from student to practitioner; becoming well-rounded generalists in the clinical applications of psychology, using experiences with correctional populations to facilitate this process. The goals of the internship program derive simultaneously from the mission of the agency and from values of the professional psychological community. Both the training program and the service as a whole are guided by the philosophy that clinical practice within a correctional setting requires the same core clinical skills and knowledge base as professional practice generally, but takes place within a complex legal, political, and social context.

Generalist Training - At the most fundamental level the main goal of any internship is to provide broad and general preparation for entry into the professional practice of psychology. The internship experience is the capstone to a foundation of knowledge, skills, and attitudes acquired through graduate training. Interns are selected based on appropriate preparation for more intensive, primarily applied work in the core areas of assessment, intervention, consultation, and scholarship. The program emphasizes the applicability of training to a wide variety of client populations and settings.

Four subsidiary goals can be identified:

Specialized Knowledge of Correctional and Psycholegal Issues - Realistically, most Interns seek a position in a setting that matches some important interest in addition to providing good general training. This internship strives to impart a core knowledge base regarding the law, public policy, and social factors as they relate to the practice of psychology, particularly in a

correctional environment. Though development of specific expertise as a correctional or forensic psychologist requires additional training and experience after the internship year, the program serves as a foundation for such specialization. Historically, a significant number of interns have pursued careers in this or another similar agency.

Development of Professional Autonomy - Consistent with the role of internship as a transition from student to practitioner, the program emphasizes development of attitudes and values consistent with entry into the profession. Interns are offered and should accept a significant degree of autonomy. Trainees are recognized as full participants in the business of the department, such that they receive experience that will prepare them to lead other professionals at the appropriate time in their own careers. Supervisory staff recognize that Interns are "colleagues in training," a reality borne out by the presence of many supervisors who formerly trained at this or another Bureau facility. Ethical reasoning is inherently complex in the provision of service to inmates in correctional settings, and the internship strives to develop a systematic understanding of fundamental professional concerns such as client rights to treatment, to refuse treatment, to privacy and confidentiality, and the ways these issues are impacted by social and political forces.

Integration of Science and Practice - Interns have received extensive training in the empirical and theoretical bases of applied psychological methods. In this setting, psychologists are often called to account for the methods and procedures they employ. The internship strives to reinforce for trainees the dynamic interchange between practice and scholarship, with sound practice based upon well-researched concepts, while clinical phenomena and dilemmas inform the development of new research. Staff model the value of remaining current in empirical, theoretical, and scientific knowledge relevant to this setting. In the provision of information and training to varied groups such as other Bureau of Prisons staff, probation officials, attorneys, judges, and in courtroom testimony, our staff, including Interns, are called upon to represent accurately the current knowledge and methods of psychology.

Service to Diverse and Underserved Clients - While many trainees may later choose to practice in non-correctional settings, the program strives to develop an appreciation for the provision of service to client populations that exhibit diversity in presenting complaints, age, ethnicity, linguistic preference, socioeconomic background, and education, to name a few areas of variability. As our clients come from all over the United States and the territories, and from all walks of life, staff of necessity confront an extraordinary range of client circumstances. In addition, psychologists in this setting provide services to groups that are traditionally underserved, such as individuals from financially impoverished urban areas and rural backgrounds. Though segments of the public and professional communities shun work with offenders, it is imperative for psychologists to address systemic countertransferential issues that impede efforts to advance the welfare of clients.

Though it may seem tautological, the first priority of the training program is training. While our institutions derive clear benefits from the work of interns, training activities are chosen for their value for learning rather than material benefit to the agency. Interns are not expected to perform tasks that are not regular duties of the permanent staff. To the contrary, our goal is to fully prepare interns to assume such roles in this agency or other professional positions upon completion of the program.

# Agency and Program Philosophy

The Bureau of Prisons is the largest division of the United States Department of Justice, with over 34,000 employees. Organized in 1930 under the direction of Assistant Attorney General Mabel Walker Willebrandt, the BOP differs from other federal organizations in that political appointments have not been significant in the agency's development. Following the appointment of Sanford Bates in 1930, the remaining five of the Bureau's Directors have been career employees of the agency. The immediate past Director, Kathleen Hawk-Sawyer, Ed.D., began her career as a Psychology Intern at FCI Morgantown, West Virginia.

Psychologists are the primary providers of mental health services in the Bureau, with about 450 doctoral-level staff throughout the country. The agency has been able to offer career appointments to many graduating interns and there are opportunities for rapid advancement. Over half of the agency's psychology staff completed one of the Bureau's internship programs. Career opportunities are discussed in greater detail below.



The mission of the Federal Bureau of Prisons is "to protect society by confining offenders in the controlled environments of prison and community-based facilities that are safe, humane, and appropriately secure, and that provide work and other self-improvement opportunities to assist offenders in becoming law-abiding citizens." Psychology programs, particularly at the Butner facilities, are among the most important of the self-improvement opportunities available to inmates. The Bureau, like any other organization, has a set of core values and shared attitudes that guide staff actions. These core values are reflected in the implementation of our programs, including the internship.

Recognizing the inherent dignity of all human beings and their potential for change, the Bureau treats inmates fairly, is responsive to their needs, and affords them opportunities for self-improvement to facilitate successful re-entry into the community. Psychology programs are an integral part of the agency's mission to assist offenders in participating productively in the broader social context, which in turn benefits society as a whole.

The Bureau promotes honesty, integrity, and professionalism in order to ensure public confidence in its programs and the agency's prudent use of its allocated resources. While inmates are the most evident clients for psychology programs, there are numerous other constituencies, including agency administrators, judges and attorneys, the Congress, inmates' families, and citizens generally. Responding professionally to the valid but sometimes competing interests of these groups is crucial to the effective delivery of service. As psychologists, these responses are guided by a foundation of professional and scientific knowledge.

The Bureau requires high standards of safety, security, and management, which promote a physically and emotionally sound environment for both staff and inmates. Despite public and professional prejudices to the contrary, practitioners in correctional and forensic settings can and should aspire to high levels of professional knowledge, skills, and abilities, and maintain attitudes consistent with high quality service to clients. The Bureau fosters the development of innovative programs to meet the varied demands of this setting.

Staff are the most valuable resource in accomplishing the Bureau's mission, and the agency is committed to the personal welfare and professional development of each employee. All employees share a mutual responsibility for maintaining safe and secure institutions and for modeling society's mainstream values and norms to inmates. A concept of family is encouraged through healthy, supportive relationships among staff and organizational responsiveness to employee needs. The Bureau is a career service that has benefitted from a consistent management philosophy and a continuity of leadership that has enabled it to evolve as a stable, professional leader in the field of corrections.



Volunteering

The Bureau recognizes and facilitates the integral role of the community in accomplishing its mission, and works cooperatively with the courts, law enforcement agencies, and other components of government, as well as the public at large. The internship program actively seeks community involvement through many avenues, including utilization of training opportunities at local institutions, membership of the faculty in local and national organizations, outreach programs to offer specialized training to other professionals

and trainees, and participation in local volunteer organizations.

# The Institutional Setting

Despite, or perhaps because of movie and television depictions, the public often have little accurate information about life as a resident or employee of a modern prison. It is not surprising then, that many students may have questions about what it is like to work in a

prison environment. Beyond these basic concerns, our facilities are clearly different from most other correctional settings. To fully appreciate the Butner milieu, a visit to the Complex is required. However, a brief historical overview may shed some light on the quality of this experience.

The Butner site was originally slated to house a facility with a unique design concept and mission that would distinguish it from other correctional and forensic centers. Conceived in the late 1950's as a model prison psychiatric facility, the formal proposal for the "Eastern Psychiatric Institute for Federal Prisoners" was approved in 1961 and land at the current site was acquired. The proposal envisioned programming influenced by the work of attorney Norval Morris, later a *Professor Emeritus* at the University of Chicago School of Law, and emphasized holding residents responsible for making constructive changes through voluntary program participation, minimizing tensions between staff and inmates, and flexible decision-making to include resident input. The physical plant design followed concepts of both a therapeutic community and the developing "functional units" model of correctional custody. Over one-million (1960's) dollars were spent in the planning phase alone, and budgetary constraints delayed construction for over a decade. Implementation was also delayed by the political turbulence of the sixties, which led many members of the media, Congress, and the general public to question the purpose of innovative programs in prisons. While the rhetoric sounds absurd in retrospect, the zeitgeist fostered predictions that inmate patients would be the subjects of drug experimentation, "A Clockwork Orange"style brainwashing, and even psychosurgery and vivisection. Before it was even finalized, "the Butner Plan" became a lightning rod for controversy.

Despite these obstacles and iterative changes in mission and programming, the institution



FCI Butner

now called FCI Butner was dedicated May 13, 1976, and was immediately dubbed "the most advanced prison facility on earth." Since that time, the institution has been at the forefront of innovative correctional mental health programs. The FCI remains a flagship facility, and is frequently chosen to pilot new programs such as the Sex Offender, Drug Abuse, and Transitional Care projects described below. The FCI also serves a general population of inmates that includes a range of clinical problems from adjustment disorders to severe mental illness.

Due to the tremendous resources in this area and the Butner site's history of excellence, the Bureau of Prisons targeted the location for development of one of the first Federal Correctional Complexes. In addition to the FCI, the 700 acre reservation now includes a 1300 bed Low Security Correctional Institution (LSCI), a 300 bed minimum security Federal Prison Camp (FPC), and a 900 bed Federal Medical Center (FMC) for detainees, which includes a 300 bed work cadre. An additional 1200 bed medium security facility is slated to

open in early 2006. The Low Security and Camp facilities serve general offender populations with appropriate security needs. The Federal Medical Center serves the needs of both voluntary and committed mentally disordered offenders, assists the federal court system by providing forensic evaluation services for pretrial and presentence detainees, and delivers a range of inpatient medical care specializing in surgery, oncology, and dialysis services, and in the future, organ transplantation. With a diverse mission, the Butner complex provides a wide range of psychological and rehabilitative services to a varied population including numerous special needs offenders, and facilitates the training and development of specialized staff for the Bureau of Prisons. Combined, these facilities offer an extraordinary range of internship training experiences.

Given the variety of program areas at the Butner complex, detailed below, and the diverse backgrounds of the various client populations, staff encounter a wide range of cultures and presenting complaints. Consistent with research in this area, a large proportion of general correctional inmates present with significant character disorder and substance abuse problems. Some do not manifest any clear psychopathology, while a significant number exhibit the full range of Axis I pathology, particularly psychotic spectrum, affective, and anxiety disorders. There is a high base rate for both degenerative and chemically induced neurologic disorders and open and closed head injury, as well. Included among the client populations are extreme forms of psychopathology rarely seen in any other setting. The Butner institutions serve as a system of coordinated medical care settings. The FMC is designated as a Level IV, inpatient hospital, meaning that it provides the highest acuity of care within the agency. All of the remaining complex facilities include beds designated for Level III inmates requiring ongoing medical services and ready access to inpatient care on a periodic basis. Following completion of the FCI-II in 2006, the complex will house 1400 Level III medical cases in addition to the 300 Level IV medical beds at the FMC.

The client populations are demographically and culturally diverse. The average inmate age is about 38, but the range is from 18 to late 70's. Approximately 57 percent of the total population is White, 40 percent Black, and the remainder Native American or Asian. A significant proportion, about a quarter, are Hispanic. About 30% of inmates are non-U.S. citizens. At least 40 nationalities are represented at any one time, with the largest number coming from Mexico, various central and South American nations, West Africa, and the Orient. Federal inmates are extremely heterogeneous, ranging from sophisticated white collar criminals from upper class backgrounds to a small proportion, about 5%, who have committed violent offenses in territorial jurisdictions of the United States. A significant minority of inmates are politicians, lawyers, physicians, and computer programmers, while others are poorly educated and unskilled. Typical offenses include drug or alcohol violations, firearms or explosives violations, Bank Robbery, Securities or Tax Fraud, and Threats to Public Officials.

The Butner complex can be thought of as a group of self-contained communities, and the role of Psychology Services can be profitably understood in terms of community psychology. There are numerous clients and constituencies for psychological services, including individual inmates, their collaterals, institution and agency administration, the courts, Congress, and a wide variety of sanctioning agencies. Understanding the interactions of these groups and the social, political, and legal processes that modulate them, is often crucial to the effective delivery of psychological services. Many aspects of our services emphasize the identification of at risk groups, primary prevention, effective crisis intervention, supportive and educational programs, and system-oriented consultation. Outpatient and residential treatment are provided on a voluntary basis to inmates at the FCI, LSCI, and Camp, while acute inpatient treatment may be given on a voluntary or involuntary basis at the FMC. In addition, some clients are referred for assessment or treatment under the auspices of the federal courts or following the federal equivalent of civil commitment. All programs endeavor to maintain inmates in the least restrictive environment appropriate to their needs.

Visitors generally remark on the openness of the facilities and the relaxed atmosphere evident from staff and inmate behavior, as both contrast sharply with their expectations. The architecture is modern and the facilities are meticulously clean and well-maintained. Despite inevitable pressures to house large inmate populations, common areas and the

housing units provide ample public space and remain free of a sense of crowding. Each facility is designed to ensure sufficient security for assigned inmates, up to and including those needing the highest degree of supervision. While security is rigorously maintained, there are few overt earmarks of prison structure. Most observers liken the overall impression to that of a community college campus or a civilian hospital. While most correctional facilities resist outside scrutiny of their operations, our facilities welcome visitors of varied types, including members of Congress, local high school students,



LSCT Butner

professional staff from neighboring state institutions, federal judges, and defense attorneys. Visitors in recent years have included delegations from the former Soviet Union, China, Britain, Brazil, Canada, and Mozambique, to name a few.

# Psychology Programs

The Complex provides a broad spectrum of services to over 3400 adult inmates, including a general correctional population of approximately 2400 men (500 inmates at the FCI, 300 individuals in the adjoining minimum security camp, 300 as part of the FMC Work Cadre, and another 1300 at the LSCI), 300 medical and 300 psychiatric inpatient beds; a 200 bed

Residential Drug Abuse Treatment Program, a 108 bed Sex Offender Treatment Program, a Habilitation Program with 16 individuals in phase I and up to 12 in Phase II, 84 individuals in the psychiatric step-down unit, and a 20 bed unit for predatory, hypersexual inmates, and an additional medium/high security institution is currently under construction. Psychology Services is crucial to operations in all of these areas. Interns participate in three different service areas appropriate to the emphasis of the track for which they match.

#### **Complex-Wide Programs:**



General Population (General Practice) areas, are located at each complex facility and are most representative of the psychology functions in mainstream correctional settings. Inmate clients are served in several ways. New arrivals to the institutions participate in an Admission and Orientation program which includes individual interview, an orientation to available services, and basic drug abuse education. Diagnostic services include clinical evaluation of highly varied mental disorders including

the full range of Axis I and II conditions, risk assessments for suicide and danger to others, and treatment program suitability. Treatment services include crisis intervention, short and long-term individual therapy, group psychotherapy, psychoeducational groups, and counseling regarding adjustment and family issues. Goals are agreed upon by therapist and client, and may be brief or long-term. Psychologists also serve as members of interdisciplinary unit teams and assist in planning programs and reviewing progress of inmates. Special areas for intervention include HIV counseling, suicide prevention, confrontation avoidance and special focus groups. "Living Free" is the agency's values-based program that focuses on accepting responsibility for and changing behavior that predisposes toward relapse and reincarceration, and is available to all interested inmates.

Non-Residential Drug Treatment is provided at each Bureau of Prisons facility, including those at the complex. A 40 hour Drug Education program, while targeted to inmates with significant substance abuse problems, is also open to all interested residents, and is an informational program based upon a biopsychosocial model. Non-residential treatment also includes both preparatory and maintenance treatment in coordination with residential substance abuse treatment, as described below.

#### **FCI Programs**

The <u>Residential Drug Abuse Program</u> was one of three pilot programs instituted as part of the Bureau of Prisons' effort to evaluate diverse treatment orientations in an era of rising prison populations associated with drug use. Under the direction of a psychologist, this residential program involves comprehensive treatment of the convicted offender using an

Integrative model that includes strong Cognitive - Behavioral and Relapse Prevention components. Participants referred from throughout the Mid-Atlantic Region proceed through a state of the art, planned treatment program. Implemented as a therapeutic community, it emphasizes personal accountability and decision-making, as well as the connection of substance abuse to faulty/criminal patterns of thought and action that affect other areas of the participants' lives. Confrontation plays a primary role during the initial orientation phase of treatment; this is followed by a second phase focusing on treatment and change and includes a wide range of interventions; the last phase of the program is called transitional care, and emphasizes adjusting to being drug free. Those completing the program are subject to required post-release supervision, and aftercare is planned by program staff. The National Institute for Drug Abuse maintains an ongoing research program to evaluate the program's efficacy. Given the high base rate for substance abuse in any population, this is a valuable training opportunity.

The Sex Offender Treatment Program (SOTP) was implemented as the only one of its kind in the Bureau of Prisons. Established to provide comprehensive treatment for this challenging population, this program is also administered by a psychologist. The SOTP is an intensive, residential therapeutic program for male sexual offenders in the Bureau of Prisons. This voluntary program employs a wide range of cognitive-behavioral and relapse prevention techniques to treat and manage sexual offenders. The primary goal of the SOTP is to help offenders manage their sexual deviance in order to reduce recidivism. The program adheres to the notion that while there is probably no permanent cure for paraphilic disorders, criminal sexual behavior can be effectively managed in most cases through competent treatment and intensive supervision. The treatment program provides the intern with a unique training opportunity to develop specialized diagnostic, assessment, treatment, and consultative skills with a diverse population of sex offenders.

<u>Deviant Hypersexuality Management Program</u> - The DHMP is a behavioral-medical management program to assess, treat, and manage the deviant hypersexual conduct of inmates who exhibit chronic predatory and aggressive sexual misconduct in prison. The DHMP is located in a secure, restricted unit annexed to the Psychology Services Department at the FCI. Interns may be involved in the DHMP as part of a rotation in the SOTP. Intern involvement in the DHMP may include conducting psychosexual evaluations, developing treatment plans, designing and implementing behavioral interventions, and consulting with Psychiatry services for medication management

The <u>Habilitation Program</u> at the FCI serves high security level, low functioning inmates who cannot adapt to a United States Penitentiary environment but who may have the ability to function at Medium security institutions. This program emphasizes development and enhancement of inmates' daily living skills and compliance with treatment to minimize acute psychopathology. Many participants initially struggle to adjust and present with a diversity

of treatment needs. Psychotherapy groups address anger management, stress management, communication, social skills and criminal lifestyle issues. Issues addressed in individual therapy typically include depression, suicidal ideation, psychosis, post-traumatic syndromes, generalized anxiety, cognitive deficits, and HIV counseling. Over half of the participants are considered mentally ill, and collaboration with psychiatry services is an integral part of the program. Habilitation Program graduates are transferred to other Medium Security Level institutions within the Mid-Atlantic Region where the risk of predation is low.

Mental Health Step-Down Program - The Mental Health Step-Down Program is a residential treatment program for inmates with severe, persistent mental illness, typically (although not limited to) an Axis I diagnosis of the schizophrenic type. The goal of the step-down unit is to provide treatment for inmates with chronic mental illness that is evidence-based and focuses on maximizing the functioning of the inmate and minimizing relapse. Interns are involved in the clinical management of cases, providing group therapy, and short term individual therapy and crisis intervention. Interns are also involved in teaching psychoeducational modules aimed at cognitive rehabilitation and life skills training (e.g., education about medications, symptom management, recreation for leisure, communication skills, community re-entry, workplace fundamentals, substance abuse management, and overcoming addiction). Becoming familiar with the kinds of medications prescribed to these patients is also included as part of the rotation. Collaboration with Psychiatry Services, and other departments (e.g., Education, Recreation, Religious Services) is an integral part of the program.

<u>Forensic Evaluation Program</u> - The Forensic program at the FCI accepts referrals from federal courts for various outpatient, pretrial evaluations (typically to determine competency to stand trial and/or criminal responsibility). Interns receive training in forensic evaluation and related services at the FMC inpatient Behavioral Health Unit, as described below.

#### **FMC Programs**

The <u>Inpatient Mental Health Evaluation and Treatment Program</u> at the FMC accepts inmates at the discretion of the federal courts for various pre- and post-trial forensic

evaluations, for voluntary hospitalization for mental health treatment, or subject to federal quasi-criminal commitment. Given the highly charged legal atmosphere, court-ordered evaluations involve intensive psychological evaluation, understanding of legal standards and procedures, and highly refined report-writing. Staff, including interns (with supervision), provide expert testimony in federal courts throughout the United States when called upon to do so. Members of the public may be aware of Butner's forensic



FMC Butner

evaluation program by virtue of high publicity cases that attract national attention. The inpatient treatment service involves the same skills as in community psychiatric hospitals, including clinical interviewing, treatment planning, group therapy and education, and supportive, behavioral and insight-oriented individual psychotherapies. Work with committed patients entails the additional complication of collaborating with state officials around the country to effect a transfer to local systems of care or to a community placement. Work at the FMC entails extensive collaboration with psychiatry, medicine, and allied health professionals.

The Behavioral Medicine rotation provides interns the opportunity to work with inmates who present with psychophysiological disorders, psychological factors affecting their physical conditions, and/or physical conditions which have psychological sequelae. Interns serve as a consultant when psychological factors are adversely affecting engagement in or compliance with medical care, and work in concert with Health Services staff (physicians, physician assistants, physical therapists, dietician, nurses and social worker) to identify, diagnose and treat inmates for whom the interplay of physical and psychological factors is significant. Interns may provide group and individual treatment for inmates with psychophysiological disorders, including essential hypertension, chronic pain, tension and migraine headaches, anxiety disorders, etc., and inmates with terminal or severely debilitating chronic diseases, such as AIDS, cancer and heart disease. Individual therapy patients are selected through routine intake assessment procedures. Group candidates



Nursing Station

volunteer for participation in a condition-specific or limitationsspecific group, such as Living with AIDS; Coping with Chronic Pain; Stress Reduction Strategies; and Healthful Strategies for Diabetics. Interns are introduced to (if not already familiar with) basic biofeedback techniques. Hypnosis as a pain management technique is also used with selected patients. Interns may also participate in the implementation of the Palliative Care Program.

Further information about these programs described above can be obtained by contacting the Director of Clinical Training to arrange follow-up by staff in the area(s) of interest.

# Training Tracks

To meet its objectives, including provision of broad, general training for entry-level practice, the program combines a core set of applied general correctional psychology experiences with experiences in a residential treatment program and an inpatient treatment setting. All FCC interns participate at the FCI and FMC at various points in the training year, and this plan assures exposure to the spectrum of psychology service types from outpatient services through residential treatment program to inpatient hospital facilities.

Interns at this site develop the essential skills for a Staff Psychologist in a mainstream correctional facility by completing a minimum of 500 hours of direct experience in a General Practice rotation, including general population and non-residential drug abuse treatment functions. These experiences are obtained with general inmate populations at one of the complex facilities under the direct supervision of staff with primary responsibility as unit psychologist. Typical intern duties mirror those of entry-level staff, including completion of intake screenings, group and individual psychotherapy, crisis intervention, suicide risk assessment, and consultation with medical and psychiatric staff and members of unit teams.

Beyond the foundational experiences noted above, interns receive training in one residential treatment program and one inpatient treatment service. Typical experiences in residential programs include group and individual therapy, intake assessments tailored to the program, large therapeutic community group meetings, team-based treatment planning, implementation of a standard program curriculum, and participation in discipline and motivation for program participants. Applied activities in inpatient services include monitoring treatment compliance, collaboration with medical and psychiatric staff, directing paraprofessionals such as nurses and technicians, and completing elaborate psychological evaluation reports for the courts.

Skills practiced in general population areas, unit-based treatment programs, and inpatient settings are not mutually exclusive. Group and individual treatment is offered across the board. Assessment of risk for suicide, and for violent acting out or other threat to security, is of interest with all inmate populations. Interns regularly assist in facilitating the outpatient psychiatry medication clinic at the FCI, in addition to gaining experience in psychopharmacology at the FMC. Extensive psychological evaluations take place in each of the residential programs as well as on the inpatient mental health service. Medical patients are found in every inmate group throughout the complex, not just in the inpatient medical units. Practicing pertinent skills in more than one work area reinforces an integrated view of the complex needs of clients and of psychology services in this setting.

Applicants should indicate interest in <u>up to two</u> of the training tracks described below. The specific track for which one matches determines the combination of applied activities,

including a full time, six month rotation in the "home" track. Those who match for the Residential Drug Treatment, Sex Offender, or Chronic Mental Health Services tracks will spend half the internship year at the FCI, with time devoted primarily to activities in the relevant program area. Those matching for the Inpatient Assessment/Treatment, and Behavioral Medicine tracks will complete a six month rotation at the FMC, participating in activities appropriate to those tracks. The remaining half-year is spent at the "other" facility, where interns spend the equivalent of half time in an activity which complements the training in the home track, and the other half time in General Practice activities as described above. (About one fifth of each intern's work week is spent on didactic programs, intern meetings, research, etc., regardless of location).

Training Track	Residential Rotation	Inpatient Rotation
Sex Offender Treatment Track (2 Positions)	Sex Offender Treatment Program - full time for six months	Inpatient Mental Health Assessment & Treatment Program - half time for six months
Inpatient Mental Health Assessment & Treatment Track (2 Positions)	Sex Offender Treatment Program - half time for six months	Inpatient Mental Health Assessment & Treatment Program - full time for six months
Drug Abuse Track (1 Position)	Residential Drug Abuse Program - full time for six months	Behavioral Medicine Program - half time for six months
Behavioral Medicine Track (1 Position)	Residential Drug Abuse Program -half time for six months	Behavioral Medicine Program - full time for six months
Chronic Mental Illness Track* (1 Position)	Step-Down and Habilitation Programs - full time for six months	Inpatient Mental Health Assessment & Treatment Program - half time for six months

<sup>\*</sup> The intern in this track completes general practice experiences at the FCI and the Inpatient Mental Health Assessment and Treatment Program at the FMC.

As examples, the SOTP Track interns complete a full time experience in the FCI's Sex Offender Treatment Program for half the year. The other half-year, they divide time at the FMC between General Practice and Inpatient Mental Health Assessment & Treatment. The Behavioral Medicine intern spends half the year at the FMC working full time in that program, and the other half the year participates at the FCI dividing time between Residential Drug Abuse Treatment and General Practice.

#### Supervisory Staff

The primary program faculty at FCC-Butner includes 24 doctoral-level psychologists, most with extensive experience in clinical practice. The majority reflect a Cognitive-Behavioral theoretical orientation. Research interests include addictive disorders, criminal responsibility and the legal concept of insanity, neurological disorders and deviant behavior, and cultural factors in assessment, to name a few. The service's philosophy could best be described as eclectic. An interest in the social, political, and legal implications of these special interests unifies the faculty. Our staff define the field of forensic psychology in a broad sense, to include traditional applications such as providing treatment to offenders or performing court ordered evaluations, but also embracing a host of other professional psychological concerns that relate to any area of the law or public policy debate. All members of the professional staff are directly involved in training, and a listing of supervising staff members is attached as an appendix. Several faculty hold one or more adjunct appointments in the departments of Psychology, Psychiatry, or Law at the University of North Carolina and Duke University. Three faculty hold the ABPP Diploma in Forensic Psychology and one in Clinical Psychology. The program also includes a Postdoctoral Fellow, and a number of treatment specialists, technicians, and support personnel.

Psychology Services maintains offices in several areas of the complex with a full-time Administrative Assistant or Secretary at each institution. Offices are located in each facility to accommodate interns. All staff have computer workstations on an institutional and agency network with Internet access. Software available includes word-processing, database



LSCI Compound

management, test scoring, statistical analysis, and customized psychology office management applications. Facilities are available for group therapy, audiotape, and videotape, and for video editing. Professional libraries are located at the FCI and FMC, and the department maintains a wide variety of standardized testing materials and equipment in each Psychology area. Library privileges may be obtained through the area universities and neighboring institutions as well. Computer-assisted research is facilitated both by on-site staff and by the agency's central office librarians. On-site, on-line

access is available to Lexis/Nexis, PsychLIT, Sociological Abstracts, Criminal Justice Abstracts, Dialog, and Proquest Direct General Periodicals Research Database. Our legal staff will assist with access to WestLaw, and each facility has a law library including U.S. (Supreme Court), Federal (Courts of Appeal), and Federal Supplement (District Courts) Reporters, Reporters for North Carolina, New York, and California, and topical treatises. Staff also have access to teaching aids through the Employee Development Department, which maintains a large centrally located training center with audiovisual equipment and a computer lab.

Psychology Services and The Butner complex overall have training and staff development as key components of their overall mission. In addition to core Psychology staff, trainees have broad exposure to allied disciplines, including Psychiatry, general Medicine, Nursing, Law, and Social Work, which also carry on active training programs, including an American Academy of Psychiatry and Law accredited fellowship program in Forensic Psychiatry, Public Health Service "Co-Step" programs for Nursing and Physician Assistants, and mental health law exposure for law students. A listing of adjunct teaching staff in Psychiatry and Law is attached as an appendix. Psychology Interns benefit from the complex's overall commitment to training and the ready interchange of ideas and experiences with trainees and professionals from other disciplines.

#### Superv ision

Interns are expected to demonstrate a reasonable degree of autonomy and independence, consistent with their transition from student to practitioner. At the same time, trainees should expect sufficient oversight and supervision to ensure that they will benefit maximally from training opportunities and to ensure quality services to clientele. This will in all cases include regularly scheduled supervision with clinical supervisors, at a minimum of two hours per week for full time FCC interns. Ample opportunity for unscheduled and less formal supervision is also afforded. Interns will also receive a significant amount of group and peer supervision through staff meetings, formal case reviews, intern seminars, and in-house continuing education. It is expected that FCC/UNC Interns will continue to receive a substantial part of their supervision from the UNC Faculty.

Time is also set aside for interns to meet as a group each week as an opportunity for the development of group identity, support, the interchange of ideas, and group problem solving. It also ensures ready input by interns into training issues. The Director and Associate Directors of Training and the Chiefs of Psychology are available to attend at the interns' request.

Interns maintain an ongoing record of the supervision they receive. Written evaluations are prepared quarterly based on feedback from all supervisory staff. These are reviewed with the interns, with copies sent to the relevant graduate programs at the middle and end of the year. Interns also complete evaluations of the quality of training and supervision they receive, and this feedback is utilized by the faculty to further enhance the program. Upon satisfactory completion of the training year, each intern will receive a certificate of participation, and notification to this effect will be forwarded to the intern's graduate program.

# Curriculum and Training Objectives

The curriculum consists of complementary applied and didactic activities to help trainees develop skills normally associated with doctoral internships, including traditional psychological assessment and intervention techniques. The program is designed to provide generalist training at the doctoral level.

The applied components of the training program focus on traditional competencies for clinical and counseling psychologists, and can be divided into five major content areas: A ssessment, Intervention, Consultation, Scholarship, and Legal/Professional/Ethical Issues. These



skill areas correspond to those typically identified by national conferences and sanctioning agencies as essential to the professional practice of psychology. Interns meet specific objectives in the program areas comprising the relevant track, and each rotation is planned to include a mix of these activities. More details about the applied aspects of the training program are contained in the Internship Handbook presented to trainees at the beginning of the training year.

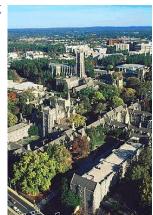
#### **Didactics**

The didactic portion of the curriculum includes two main components, which are required for interns. The department offers an ongoing, weekly Clinical Psychology Seminar for the benefit of both staff and interns from throughout the complex. Outside presenters are also scheduled as part of this series of seminars. Staff Psychologists and interns present emerging diagnostic or therapeutic dilemmas for review and feedback from the group, and diagnostic and treatment methods for various conditions or disorders are examined with an emphasis on empirically validated treatments. Interns typically take responsibility for one presentation each, which may be of a scholarly nature, such as based upon dissertation research or another area of interest that is agreed upon in consultation with a supervisor, or a case presentation of recent clinical work such as psychotherapy or certain types of evaluations. Intern presentations serve to hone valuable skills in presenting to professional audiences and reinforce the importance of scholarship. Staff involvement includes mainly topical presentations of clinical importance, and may serve to relay information obtained through continuing professional education or other sources. The Psychology Seminar normally meets at either the FCI or in the Complex Training Center. A copy of the schedule of Psychology Seminars for the current training year is attached.

The department also participates in a regularly scheduled seminar series for Psychology Interns and Psychiatry Fellows offered at the FMC. Presentations are normally scheduled

on a weekly basis and to last approximately one and a half hours, with time available for discussion. Most topics have identified readings from the professional literature. Seminar presentations are offered by Psychology Services faculty, adjunct faculty from this facility, and scholars and practitioners from the Research Triangle community. The series of presentations explores key areas in professional and ethical issues, criminal and civil law, public policy regarding mental health and mental disabilities, scholarship and research, and forensic and correctional psychology. This program also includes Mock Testimony exercises, with each trainee assuming the role of expert witness. Moot Court is held with faculty serving as judge and attorneys. The forensic seminars also include periodic discussion sessions focusing on Landmark Cases in Mental Health Law. This portion of the program covers an extensive group of case law precedents pivotal in the evolution of mental health policy, including civil and criminal topics, juvenile and family law, civil commitment, right to treatment, informed consent and treatment refusal, disability and workplace discrimination, malpractice, and other areas of interest to clinicians. The specific calendar of seminar presentations will be issued to trainees as they begin the internship. A schedule of topics and presenters for 2005/2006 is attached.

Additional opportunities are available to participate in the Continuing Education program for Behavioral Health Division staff, as well as numerous presentations and case reviews at area hospitals and universities. The internship program encourages flexible use of other activities such as attendance at various legal proceedings in federal and local courts, preparation of publications, participation in therapy or counseling as an adjunct to training, and numerous other alternatives. The triangle is a hotbed of activity for clinicians, and there are varied colloquia sponsored by local psychological associations, Duke University, North Carolina State University, the University of North Carolina, Dorothea Dix and John Umstead State Hospitals, and numerous other groups. Interns are encouraged to avail themselves of these opportunities and leave can be granted. The



Duke University

department is often able to provide at least partial funding for intern travel to meetings or workshops. In addition, we sponsor one or more major presentations on site each year.

Two hours of the intern's time each week may be scheduled for research or other scholarly activity, and each trainee is expected to complete a scholarly project during the year. Support for research and related activities can also include consultation by the institution's research department and on-site statistical analysis. Where necessary, access to the resources of the agency's Central Office research staff and the Justice Department's central computing facilities may be obtained. Applicants should note that empirical research projects using BOP inmates or staff as subjects require formal review and approval by the agency. Anyone planning such a project should initiate review <u>before</u> the start of the training year.

# **Program Options**

The internship program offers two options. FCC Butner offers seven full time positions each year, which provide a minimum of 40 hours per week of training activities. This program began with the 1992/93 year and was awarded accreditation effective June 25, 1993. Our most recent accreditation site visit took place in 2001, and our next review is scheduled for 2008. In applying to the FCC program, applicants should indicate interest in up to two of the five tracks described above.

Since 1984 the program has shared with the University of North Carolina School of Medicine Psychology Internship program two joint positions offered through the auspices of UNC. Under this model, trainees spend half their time at FCC-Butner and half at various UNC sites. Training experiences at FCC-Butner are complemented by the diverse opportunities available through UNC, which broaden the trainee's exposure to more esoteric specialty areas. The Butner and UNC programs maintain their own foci and curriculum planning, and their respective faculties strive to help the trainee maximize the benefits of participating in two programs, each with their own integrity and unique orientation. This program has been accredited by APA for a number of years. Further information on the shared program with UNC may be obtained on the internet at:



Old Well - UNC

http://www.med.unc.edu/psych/education/internship.htm or by writing: Lee M. Marcus, Ph.D., Director of Psychology Training, Campus Box 6305, University of North Carolina, 27599-6305. (lee\_marcus@unc.edu). The application procedure (including deadlines) for the FCC/UNC program is described in the UNC brochure on Psychology Internships, available from the above address. Selections are made jointly by the UNC and FCC Faculties.

# Applications and Admissions

Applications are accepted from students in APA Accredited Clinical, Counseling or suitable combined programs in Psychology. In addition to demonstrating excellence in scholarship and professionalism in practice, successful applicants will articulate an interest in the domains of correctional and forensic psychology (broadly defined), legal issues in psychological practice, and public policy matters which impact on mental health and the management of socially deviant behavior. Prior work experience in a correctional setting is not required, but training and community experiences indicative of appropriate interests will be important considerations in selections. The interview process is heavily weighted to assess the appropriateness of the applicant's training and career goals to this setting. Given the rigors of the program, a high degree of personal maturity is required.

# For the Full Time FCC program applicants must:

- Submit a complete APPIC Application for Psychology Internship available from graduate programs or at: http://www.appic.org. The Professional Conduct and Verification of Internship Eligibility and Readiness portions <u>must bear original</u> signatures and dates in ink.
- 2) Submit the one page application cover sheet included at the end of this document.
- 3) Provide a *Curriculum Vitae* describing all relevant experience.
- 4) Provide transcripts of all graduate work.
- 5) Provide letters of recommendation from **THREE** psychologists.
- 6) Submit **ONE** comprehensive assessment report as a work sample. Provisions should be made to protect the anonymity of the subject.

We require that all items be mailed together in a single package if possible. Please staple each multi-page item. Do not place your materials in binders, folders, or oversize clips - these interfere with our filing system. Reference letters may be submitted in sealed envelopes and official transcripts printed by a registrar or records office, often labeled "to student," are acceptable.

Applications and inquiries should be directed to:

Edward "Rhett" Landis, Ph.D., ABPP Federal Medical Center Box 1500 Old NC Highway 75 Butner, NC 27509-1500. (Internet mail: rlandis@bop.gov) (919) 575-3900 x5449 (919) 575-4841 (Fax)

#### THE BUREAU OF PRISONS IS AN EQUAL OPPORTUNITY EMPLOYER.

Selections will be made without discrimination for any non-merit reason such as race, color, religion, national origin, sex, sexual orientation, status as a parent, age, marital status or membership in an employee organization. The Department of Justice provides reasonable accommodations to applicants with disabilities. If you need an accommodation for any part of the application and hiring process, please notify our Human Resource office. The decision on granting reasonable accommodation will be made on a case-by-case basis. Persons with disabilities may be employed in a law enforcement position if they meet the medical and physical requirements for correctional work.

Pursuant to Executive Order 11935, only United States citizens and nationals may compete for civil service jobs. Internship positions are open to individuals of any age. Applicants should be aware, however, that permanent civil service positions with the Bureau of Prisons are open only to those who are 39 years of age or younger at the time they are hired on a permanent basis. This restriction applies to applicants for any career position with the Bureau of Prisons or any other federal law enforcement agency, and has been imposed by the United States Congress through Public Law 100-238. To complete the internship and subsequently apply for permanent employment, a candidate must be 38 or younger at the start of the internship year. Candidates may be eligible for career appointment through age 44 by joining the Public Health Service Corps. Please note that intern positions are temporary appointments not to exceed one year. Acceptance into the internship program is not a guarantee of employment thereafter. Interns are considered law enforcement employees, and may be called upon to respond to institution and other emergencies.

Applicants invited for an interview are required to complete additional civil service and other government personnel procedures. Prior to interviews, law enforcement and credit checks will be acquired. Those invited for interviews will be required to submit forms SF-85P and OF-612. Copies for your review may be obtained at the Office of Personnel Management web site (www.opm.gov). (DO NOT submit these with your initial application.) Invited applicants will participate in a preemployment interview addressing issues of personal conduct and a panel interview including a number of scenarios describing situations that could arise in our facilities. This information is used to determine qualification for a position of public trust and is required of all applicants for positions with the Bureau of Prisons. If you have questions about your suitability for a sensitive position in a federal law enforcement agency, you should contact our human resource staff for clarification.

#### \*\*\* Please note: \*\*\*

Because the internship position is classified as 'sensitive,' candidates must pass a pre-employment medical examination, drug screening, and background investigation.

Final acceptance into either program option is contingent on satisfactory completion. As a condition of employment, male applicants born after December 31, 1959, must certify that they have registered with the Selective Service System, or are exempt from having to do so under the Selective Service Law. This position is a drug-testing designated position subject to random testing for illegal drug use. Once selected and enrolled, Interns must adhere to the requirements of the Program Statement (3420.09) titled 'Standards for Employee Conduct and Responsibility.''

The deadline for 2006/2007 applications is November 1, 2005. Due to the large number of submissions, candidates are encouraged to complete applications as early in the season as possible. Candidates will be notified by email by December 15 regarding whether they will be invited for interviews. An on-site, personal interview is required prior to the match process. Invited applicants who cannot travel to FCC-Butner may arrange for a telephone interview in addition to a personal interview at another Bureau of Prisons facility. Following the interview period, candidates still under consideration will be so notified. Any applicants not being considered for acceptance will be notified. This program complies with the policies and computer match procedures, including time lines, adopted by the Association of Psychology Postdoctoral and Internship Centers (APPIC), which are available from graduate programs and from the APPIC web site at: <a href="http://www.appic.org">http://www.appic.org</a>. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Any questions or concerns regarding the accreditation status of the FCC Butner program may be addressed to:

American Psychological Association Office of Program Consultation and Accreditation 750 First Street NE Washington, D.C. 20002-4242 (202) 336-5500

# Benefits

During the 2006/2007 training cycle, the following benefits apply for the full time FCC program:

- A GS-09, Step 1 stipend of approximately \$43,164.
- Vacation time earned each pay period, equivalent to approximately 13 days per year.
- Sick leave accrued at the same rate as above.
- Paid Federal Holidays.
- Limited authorized leave to attend off-site training.
- Support for research activity.

#### The Area

While some staff choose to live in the town of Butner (population 5000), most, including interns, choose to live in one of the three major cities of the "Research Triangle." This area, defined by Durham (and Duke University), Chapel Hill (the University of North Carolina), and Raleigh (North Carolina State University), offers a unique combination of southern hospitality, academic stimulation, and cosmopolitan cultural opportunities. In addition to teaching institutions, the intellectual climate is influenced by the presence of the Research Triangle Park, which includes a number of high tech companies



Brightleaf Square -Durham

specializing in biotechnology, pharmaceuticals, software development, computers, and robotics, as well as the National Humanities Center and the National Institute for Environmental Health Sciences. It is hardly surprising, then, that the Triangle lays claim to the highest *per capita* proportion of Ph.D.'s and M.D.'s in the country. Folks come from all over the world to study or work in the Triangle, and the community exhibits remarkable cultural, social, and political diversity. Aside from visiting students and professionals, approximately half of local residents are not originally from North Carolina.



N.C. State Univ.

Even the Triangle isn't all business, and as a counterpoint the surrounding areas of the state remain largely rural and scenic, and outdoor activities abound. The climate is temperate but mild, with more than 230 sunshine days each year and an average of seven inches of snow to accentuate the brief winters. Spring and fall temperatures average a perfect 72 degrees, and winter daytime temperatures hover around 50. The complex is located in the Carolina Piedmont, which separates the mountains from the coastal plain. Local treasures include traditional folk crafts and lore, such as furniture-making in

Hickory, Pottery at Seagrove, Appalachian Music at China Grove, and gemstone and gold mining throughout the Piedmont area. *Fortune* magazine has recognized the triangle as the best area for business in the U.S., and *Money* magazine surveys consistently rank the

Raleigh/Durham/Chapel Hill area among the 'Best Places to Live in America." All three Triangle communities offer sophisticated entertainment, including the Broadway at Duke series, a lively jazz scene, the Bull Durham Blues Festival, the American Dance Festival, the Rewind Film Festival, and symphony and chamber orchestra groups. "Tobacco Road" is home to the best in college basketball and soccer, including perennial contenders for the NCAA men's basketball championship from Duke, UNC, and N.C. State, and the



American Festival

Dance

women's college soccer dynasty at UNC. Raleigh is home to the Carolina Hurricanes (2002 Stanley Cup Finalists). The Durham Bulls are the AAA affiliate of the Tampa Bay Devil Rays. Local restaurants serve cuisine that spans the globe.

A leisurely afternoon drive to the East can lead to the pristine wilderness beaches of the Outer Banks, while the more developed resort beaches near Wilmington and Morehead



Cape Lookout

City/ Beaufort are about two hours away. Winter skiing or summer hiking and climbing in the Great Smokies are an easy drive to the west. Water skiing, fishing, canoeing, and kayaking are popular diversions, and there are several recreational lakes close to the facility. Golf, tennis, and running are also popular activities. Major historic interests include Native American trading and ceremonial sites such as the Town Creek Mounds, the site of the first European colony in the new world at Manteo, the Palmer Memorial Institute which is now a monument to the work of African-American educator Charlotte Hawkins Brown, Tryon Palace, Biltmore Castle, and numerous colonial and Civil War attractions. Regional metropolitan centers like Charlotte, Washington, and Atlanta are an afternoon's drive.

# Career Opportunities

The inmate population of the Bureau of Prisons continues to grow, and with it the need for Psychologists with specialized training and experience. While we cannot promise career appointments to interns, the agency prefers to hire individuals who have already proven themselves to be skilled practitioners in this environment.

Interns are temporary GS-9 employees. Newly selected staff psychologists generally start at the GS-11 Step 1 salary level (currently \$50,541). Successful completion of the first year leads to automatic promotion to GS-12 (\$60,576 to 78,745, depending on length of service). Promotions to GS-13 (\$72,035 to 93,643) and GS-14 (\$85,123 to 110,662) are possible (salaries

effective as of January 2005 and increase annually). Funds are provided for annual continuing education, and many psychologists attend major meetings, national conferences, or the APA Convention. Bureau psychologists may also engage in outside employment such as private practice or teaching, after obtaining approval. New staff are given a degree of choice in geographic region and type of prison setting, and if relocation is required the Bureau may pay a substantial portion of the expenses.

Museum of Life and Science - Durham

Psychologists are the main providers of mental health services in the Bureau and enjoy a great deal of professional autonomy. Due to our continued staff growth, many may have the opportunity to become Chiefs after a few years of service. Other career tracks include heading drug abuse or internship programs or taking positions as regional Psychology Services Administrators. As federal employees, psychologists are covered by the Federal Employee Retirement System, a pension plan which includes several options for sheltering pre-tax income similar to a Keough plan. As an example, pre-tax contributions to the Thrift Savings Plan up to 5% of base salary will be matched dollar for dollar by the government. Employees can contribute up to maximum allowed by the IRS on a pretax basis. Bureau employees may retire after 20 years of service, provided they have reached age 50, or at any age with 25 years of service. The Bureau of Prisons is an equal opportunity employer. However, in accordance with Public Law 100-238, applicants for entry level staff positions must be under the age of 39 at the time of initial appointment.

Members of the 2001/2002 and 2002/2003 FCC internship moved into employment as follows: Staff Psychologist - Federal Bureau of Prisons (at FCC Beaumont (2), FCI Memphis, FCI Oakdale, LSCI Butner, USP Big Sandy, and USP Florence); state hospital forensic/secure treatment units in Colorado, California, and Wisconsin; Assistant Professors at the University of Alabama at Birmingham and at Western Carolina University; and private practices in Richmond and Miami. Of those who participated in the joint program, three completed postdoctoral programs (at the Durham VAMC, FMC Butner, and Dorothea Dix Hospital in Raleigh), one is Director of Research at a secure hospital facility in Wisconsin.

Members of the 2003/2004 FCC Butner internship class moved on to the following positions: Staff Psychologist for the New York City Police Department, Postdoctoral Research Fellow with the Alabama Department of Youth Services, Forensic Psychology Postdoctoral Fellow at the University of Southern California Medical Center, Staff Psychologist with the North Carolina Correctional Center for Women, Postdoctoral Fellow with the Forensic Service of Wyoming State Hospital, and Staff Psychologist at Atascadero State Hospital in California. Participants in the joint UNC/FCC program took positions as Postdoctoral Psychology Fellow at Dorothea Dix State Hospital (N.C.) and as Assistant Professor of Psychology at John Jay College of Criminal Justice.

Most graduates of the program become active members of APA and Division 41, and related groups appropriate to their subspeciality interests, such as ATSA or the American Academy of Forensic Psychology. Five former interns are currently directors of internship training programs.



Raleigh Skyline

(All North Carolina photos courtesy of N.C. Division of Tourism, Film, and Sports Development.)

# Reaching the Institution

Visits may be arranged by contacting the Director of Clinical Training at (919) 575-3900 x5449. **All visitors must bring a photo identification**, such as a driver's license.

#### Access from Points North (Richmond, Washington D.C.) via Interstate 85:

Take **exit 191 - Butner/ Creedmoor**, and turn right at the top of the ramp. After crossing train tracks, take the first right on 33<sup>rd</sup> Street. Remain on 33<sup>rd</sup> through several bends in the road until it reaches Oxford Highway (opposite the entrance to Holt Reservoir). Turn **Left on Oxford Highway**. The FCI will be about 2.3 miles on your right followed by the FMC at 3.0 miles.

#### Access from Points South (Charlotte, Spartanburg, Atlanta) via Interstate 85:

The Complex is convenient to Interstate 85 just North of Durham. Traveling North on I-85 take exit 182, 'Red Mill Road,' 4 miles North of the Durham city limit. Turn West and continue 3.8 miles until the road dead ends. Turn right and travel 0.2 miles before turning Left on Red Mill Extension. This ends after 0.5 miles at Oxford Highway - Turn Right. The institutions will be on your left - 3.5 miles for the FMC and 4.2 miles for the FCI.

#### **Access from Raleigh-Durham International Airport:**

From RDU follow the exit signs indicating "**Highway 70 to Durham**." As you approach Durham (approximately 12 miles), watch for signs indicating access to I-85. From **85 North**, follow the directions above. **Note that the US 70/I-85 merge has been under reconstruction, so watch signs carefully and be alert for possible detours.** 

#### From the Chapel Hill area:

From Chapel Hill, take **15-501 Northeast**. After crossing over I-40 and entering Durham, exit right at #105A (**15-501 Bypass**). The exit itself then splits - stay left as the road forks, which results in passing over Business 15-501 and heading North (left in relation to the way you were going). After about 3.5 miles, merge onto **I-85 North/70 East**. Stay left to **continue on I-85** when it splits from 70 and proceed North. Follow directions to the Complex as above.

The following hotels are convenient to the complex from I-85 at Exit 191 north of Butner:

Ramada Limited on Lyons Station Road - (919) 575-6565 (<u>www.Ramada.com</u>) Holiday Inn Express - Lyons Station Road - (919) 575-5942 (<u>www.hiexpress.com</u>) Econo Lodge - Lyons Station Road - (919) 575-6451 (<u>www.choicehotels.com</u>) Comfort Inn - NC Highway 56 - (919) 528-9296 (www.choicehotels.com)

There are numerous additional hotels along I-85 in Durham.

# FCC Butner, North Carolina Intern Applicant Summary Sheet

N ame:_		
Address	s 1:	
Address	s 2:	
City:		
State: _	Zip:	
email ac	ddress(es):	
Phone (	(home):	
Phone (	(work):	
Phone (	(cell):	
Current	t Graduate Institution:	
Pr	ogram/ Specialization:	
	questing to be considered for the following track(s) (check <b>up to</b> otherwise indicate preferences):	<u>two,</u> but <u>do not</u>
] ] ]	Sex Offender Treatment Track Inpatient Mental Health Assessment & Treatment Track Drug Abuse Treatment Track Behavioral Medicine Track Chronic Mental Illness Track	
(	Check here if you will also apply through UNC for the UNC/I	FCC option)

# Appendix A Staff

- Michael Bourke, Ph.D.; Staff Psychologist, Sex Offender Treatment Program, Federal Correctional Institution. B.A. (1992) University of Oklahoma; M.S. (1996) and Ph.D. (2000) Nova Southeastern University; Internship (1989/90) Federal Medical Center, Fort Worth, Texas.
- Amy Boyd, Ph.D.; Habilitation Program Coordinator, Federal Correctional Institution. B.A. (1997) Michigan State University; M.A. (2001) and Ph.D. (2003) University of Louisville; Internship (2002/2003) United States Medical Center for Federal Prisoners, Springfield, Missouri.
- Robert Cochrane, Psy.D.; Forensic Psychologist, Federal Medical Center B.A. (1992) University of Akron; M.A. (1995) Wheaton University; Ph.D. (1999) Wright State University; Internship (1999) United States Medical Center for Federal Prisoners, Springfield, Missouri.
- Tanya L. Cunic, Psy.D.; Associate Director of Clinical Training/Forensic Psychologist Federal Correctional Institution. B.A. (1993) Washington College; M.S. (1995) South Western Oklahoma State University; Psy.D. (2001) Central Michigan University; Internship (2000) and Post-Doctoral Fellowship (2001) U.S. Medical Center for Federal Prisoners, Springfield, Missouri.
- M. Lela Demby, Ph.D.; Staff Psychologist, Sex Offender Treatment Program, Federal Correctional Institution. B.A. (1988) Princeton University; M.A. (1993) and Ph.D. (2001) University of North Carolina; Internship (1997/1998) University of Medicine and Dentistry of New Jersey/Robert Wood Johnson Medical School; Postdoctoral Fellowship (2002/2003) Federal Medical Center, Butner, North Carolina.
- Cynthia Fisher, Psy.D.; Drug Abuse Treatment Program Coordinator, Federal Correctional Institution. B.S. (1993) University of Minnesota; Ph.D. (1997) Minnesota School of Professional Psychology; Internship (1996) Federal Correctional Institution, Morgantown, West Virginia.
- Katherine Freiman Fox, Ph.D.; Outpatient Treatment Coordinator. B.A. (1981) Wesleyan University; M.A. (1986) and Ph.D. (1990) University of Kentucky; Internship (1989/90) George Washington University Medical Center.
- Caroline "Lacy" Frazer, Psy.D.; Staff Psychologist, Sex Offender Treatment Program, Federal Correctional Institution. Psy.D. (1997) Georgia School of Professional

- Psychology; Internship (1997) Federal Correctional Institution, Petersburg, Virginia.
- Eugene Gourley, Ph.D; Staff Neuropsychologist, Federal Medical Center.

  B.A. (1991) University of Virginia; M.S./ Ph.D. (1998) Virginia Commonwealth
  University; Internship (1996/1997) Virginia Commonwealth University;
  Postdoctoral Fellowship (1998 2000) Medical College of Virginia.
- Dawn J. Graney, Psy.D., Mental Health Programs Coordinator, Federal Correctional Institution. B.A. (1994) University of Maryland; M.A. (2000) and Psy.D. (2001), California School of Professional Psychology; Internship (2000/2001) and Forensic Postdoctoral Fellowship (2001/2002), Federal Medical Center, Rochester, Minnesota.
- Jill R. Grant, Psy.D.; Drug Abuse Program Coordinator, Federal Medical Center. B.A. (1982) and M.A. (1984) Marshall University; Psy.D. (1994) Virginia Consortium in Clinical Psychology; Internship (1993/94) University of North Carolina/FCI Butner.
- Brian Grover, Psy.D.; Drug Treatment Coordinator, Low Security Correctional Institution. B.A. (1984) Ohio Northern University; Psy.D. (1988) Wright State University, School of Professional Psychology; Internship (1987/88) University of North Carolina/FCI Butner.
- Andres Hernandez, Psy.D.; Sex Offender Treatment Program Coordionator, Federal Correctional Institution. B.S. (1988) Colorado State University; Psy.D. (1993) Rutgers University; Internship (1992/93); Post-Doctoral Fellowship (1993/94) Baylor College of Medicine.
- Gary Junker, Ph.D., Chief Psychologist, Federal Medical Center.
  B.A. (1977) Wright State University; M.A. (1988) University of New Mexico; Ph.D. (1993) Georgia State University; Internship (1992/1993) Federal Correctional Institution Tallahassee, Florida.
- Edw. "Rhett" Landis, Ph.D., ABPP; Director of Clinical Training/Forensic Psychologist, Federal Medical Center. B.A. (1981), Emory University; M.A. (1985) and Ph.D. (1989) University of Louisville; Internship (1986/87) University of North Carolina/FCI-Butner. Diplomate in Forensic Psychology, American Board of Professional Psychology.
- Cynthia Lenning, Psy.D., Staff Psychologist, Low Security Correctional Institution. B.S. (1996) SUNY Brockport; M.A. (1998) and Ph.D. (2003) California School of Professional Psychology; Internship (2001/2002) Fed. Corr.Complex, Butner.

- Kevin J. McBride, Ph.D., ABPP; Forensic Psychologist, Federal Correctional Institution.
  B.A. (1974) University of North Carolina; M.A. (1978) East Carolina University;
  Ph.D. (1983) North Carolina State University. Diplomate in Forensic Psychology,
  American Board of Professional Psychology.
- Robert Melin, Psy.D.; Staff Psychologist, Sex Offender Treatment Program, Federal Correctional Institution. B.S. (1996) Valparaiso University; M.S. (1999) and Psy.D. (2001) Chicago School of Professional Psychology; Internship (2000/2001) and Post-doctoral Fellowship (2001/2002) Florida Department of Corrections.
- Carlton Pyant, Ph.D.; Drug Abuse Treatment Coordinator, Federal Medical Center. B.S. (1981) North Carolina Central University; M.A. (1984) and Ph.D. (1989) Southern Illinois University; Internship (1985/86) William Beaumont Army Medical Center.
- Angela Scalise, Ph.D.; Coordinator of Non-Residential Drug Abuse Treatment and Drug Education, Federal Correctional Institution. B.A. (1996) University of Rochester; M.S. (1997) and Ph.D. (2001), Nova Southeastern University; Internship (2000/01), Yale University School of Medicine.
- Jennifer J. Schnitzer, Ph.D.; Step-Down Program Coordinator, Federal Correctional Institution. B.A. (1994) Georgetown University; Ph.D. (2001) Pacific Graduate School, Palo Alto, California; Internship (2000-2001) Atascadero State Hospital, Atascadero, California; Forensic Fellowship (2001-2003) Dorothea Dix Hospital, Raleigh, North Carolina.
- Karen Steinour, Ph.D.; Chief Psychologist, Federal Correctional Institution. B.A. (1978) Gettysburg College; M.Ed. (1980) and Ph.D. (1985) Duke University; Internship (1986/87) Walter Reed Army Medical Center.
- Angela Walden Weaver, Ph.D.; Forensic Psychologist, Federal Medical Center. B.A. (1989) University of Houston; M.A. (1992) and Ph.D. (1995) University of Alabama at Tuscaloosa; Internship (1994/95) University of North Carolina.
- N. Chanell Williams, Ph.D., ABPP; Health Services Psychologist, Federal Medical Center. B.A. (1990) Spelman College; M.A. (1992) and Ph.D. (1996) California School of Professional Psychology (Los Angeles); Internship (1994/95) Tripler Army Medical Center; Postdoctoral Fellowship (1999/2000) Tripler Army Medical Center; Diplomate in Clinical Psychology, American Board of Professional Psychology.

# Adjunct Staff

- Bruce R. Berger, M.D.; Staff Psychiatrist, Mental Health Division.

  B.S. (1973) Northwestern University; M.D. (1977) University of Minnesota School of Medicine; Residency (1978-1980) Medical University of South Carolina.
- Michael Breedenberg, J.D.; Staff Attorney, Federal Correctional Complex.

  B.S. (1990) Pennsylvania State University; J.D. (1993) American University.
- William Burlington, J.D.; Mid-Atlantic Regional Attorney, Federal Bureau of Prisons. B.A. (1970) University of California-Santa Barbara; J.D. (1974) Santa Clara University.
- Bruce Capehart, MD, MBA; Staff Psychiatrist, Federal Medical Center
  BS (1987) Texas Christian University; MD (1991) University of Texas Southwestern Medical
  School; Residency in Psychiatry (1991-1995) Duke University Medical Center; Fellowship in
  Health System Management (1994-1995) Duke University Medical Center; MBA (1996)
  University of North Carolina Chapel Hill.
- Michelle Fuseyamore, J.D.; Staff Attorney, Federal Correctional Complex. B.A. (1983) Vasser College; J.D. (1986) Northeastern University.
- David Huband, J.D.; Staff Attorney, Federal Correctional Complex.

  B.A. (1993) Idaho St. University; MSW (2001) and J.D. (2001) University of Maryland.
- Bryon Herbel, M.D. Staff Psychiatrist, Mental Health Division.

  B.S. (1982) University of North Dakota; M.D. (1986) University of North Dakota; Residency (1986-90) Karl Menninger School of Psychiatry, Duke University Medical Center, Division of Child and Adolescent Psychiatry (1990-1992).
- Robert Lucking, M.D.; Staff Psychiatrist, Mental Health Division.

  B.A. (1973) Hope College; M.D; (1977) Wayne State University; Residency (1977-1980)

  Lafayette Clinic and University of Florida; American Board of Psychiatry and Neurology.
- Ralph Newman, M.D.; Staff Psychiatrist, Mental Health Division.

  B.S. (1982) Washington University; M.D. (1986) Rush Medical College; Residency (1986-90)

  Long Island Jewish-Hillside Hospital.
- Jean P. Zula, M.D.; Chief Psychiatrist, Mental Health Division.B.S. (1983) North Carolina State University; M.D. (1988) University of North Carolina-Chapel Hill; Residency (1988-93) Duke University.

# FEDERAL CORRECTIONAL COMPLEX BUTNER, NORTH CAROLINA FORENSIC SEMINAR SERIES 2005-2006 WEDNESDAYS 10:00 - 11:30

FACULTY	SEMINAR TITLE	DATE(S)
	No Seminar - Interns in IFT	9/7/2005 9/14
Rhett Landis, Ph.D. Bruce Berger, M.D. Mike Bredenberg, J.D.	Introduction and Overview: History of Forensic Mental Health Services.	9/21
Bob Cochrane, Psy.D.	Competency to Stand Trial, Enter a Plea, Be Executed, etc.	9/28
	Landmark Cases - Competency Issues (Units 1 & 2)	10/5
Rhett Landis, Ph.D.	Criminal Responsibility and Diminished Capacity (2 sessions)	10/12
	Landmark Cases - Criminal Responsibility (Unit 4)	10/19
Bob Cochrane, Psy.D.	Malingering, Deception and Dissimulation	10/26
Angela Walden, Ph.D.	Risk Assessment	11/2
Bruce Berger, M.D.	Practitioner as an Expert Witness	11/9
	Landmark Cases - Expertise and Evidence (Unit 15)	11/16
	NO SEMINAR - Thanksgiving Break	11/23
Bruce Berger, M.D.	Mock Testimony Preparatory Exercise (all trainees must bring current CV)	11/30
Carlton Pyant, Ph.D.	Boundary Issues in Staff/Inmate Relations	12/7
Mike Bredenberg, J.D.	Personal Injury and Tort Litigation	12/14
	Landmark Cases - Duty to Warn/Protect (Unit 13)	12/21
	NO SEMINAR - Holidays	12/28
	Mock testimony #1	1/4/2006
	Miscellaneous Criminal Issues	1/11
	Mock Testimony - #2	1/18
M. Fuseyamore, J.D.	Sentencing Practices and Pre-Sentence Evaluations	1/25
Mark Hazelrigg, Ph.D.*	Disposition of Quasi-Criminal Commitments (NGRI, Dangerousness, etc.)	2/1
	Landmark Cases - Quasi-Criminal Commitment (Unit 12)	2/8
	Mock Testimony - #3	2/15
Eugene Gourley, Ph.D.	Death Penalty Issues	2/22

FACULTY	SEMINAR TITLE	DATE(S)
	Landmark Cases - Informed Consent (Unit 8)	3/1
	Landmark Cases - Civil Commitment (Units 9, 10, 11)	3/8
Bruce Capehart, M.D.	Involuntary Commitment, Right to Receive Treatment, Right to Refuse Treatment	3/15
	Mock Testimony - #4	3/22
George Corvin, M.D.^	Mental Disability Determinations and Worker's Compensation	3/29
	Landmark Cases -Employment/Disability, Worker's Comp/ADA (Unit 18)	4/5
	Mock Testimony - #5	4/12
Rhett Landis, Ph.D.	Privacy/Management of Client Information	4/19
	Landmark Cases - Confidentiality/Privilege (Unit 14)	4/26
Gary Junker, Ph.D.	Professional Ethics	5/3
	Mock Testimony - #6	5/10
David Huband, J.D.	Civil Rights Issues	5/17
George Corvin, M.D.^	Malpractice, Professional Liability	5/24
	Landmark Cases - Malpractice (Unit 16 and 17)	5/31
	Mock Testimony - #7	6/7
Gracie Bumpass-Gentry, RN	JCAHO Accreditation Process	6/14
	Mock Testimony - #8	6/21
	Make Up Date	6/28
Margaret Barham, Ph.D.@	Antisocial Personality Disorder and Related Character Pathology	7/5
	Mock Testimony - #9	7/12
	Landmark Cases - Juvenile Law	7/19
	Mock Testimony # 10	7/26
	Landmark Cases - Sexual Harassment (Unit 19)	8/2

<sup>\*</sup> North Carolina Department of Mental Health, Dorothea Dix Hospital ^ Private Practice, Raleigh, North Carolina # University of North Carolina School of Medicine @ North Carolina Department of Corrections, Women's Prison

# FEDERAL CORRECTIONAL COMPLEX BUTNER, NORTH CAROLINA

## PSYCHOLOGY SEMINAR SERIES 2005/2006 TUESDAY 10:30 - 11:30 (Rev'd 7/26/05)

PRESENTER	TITLE/TOPIC	DATE
Gary Junker, Ph.D. Karen Steinour, Ph.D.	Management and Supervision of Psychology Programs	09-27-05
Dawn Graney, Psy.D	Psychology Services Intake Screenings & SHU Reviews -	10-4-05
Gary Junker, Ph.D.	Suicide Prevention I	10-11-05
Gary Junker, Ph.D.	Suicide Prevention II	10-18-05
Lela Demby, Ph.D.	Staying Safe in a Correctional Setting	10-25-05
Thomas Owens, M.D.	Psychopharmacological Treatment of Adults I	11-1-05
Thomas Owens, M.D.	Psychopharmacological Treatment of Adults II	11-8-05
Amy Boyd, Ph.D.	Inter-Intrapersonal Therapy Model	11-15-05
Kate Freiman-Fox, Ph.D.	Professional Development: Who am I, what am I doing here, and where am I going?	11-22-05
TBA		11-29-05
Tanya Cunic, Psy.D.	Pitfalls in Psychological Report Writing	12-6-05
Andres Hernandez, Psy.D.	Evaluation of Sexual Deviance	12-13-05
Clement Gallop, M.A.	Penile Plethysmograph Testing	1-3-06
Angela Scalise, Ph.D.	Assessment of Substance Abuse Disorders	1-10-06
Caroline Frazer, Psy.D.	Obtaining Employment Following Internship	1-17-06
Jennifer Schnitzer, Ph.D.	Management of Aggressive Behavior	1-24-06
Karen Steinour, Ph.D. Gary Junker, Ph.D.	Meeting with Interns	1-31-06
Cynthia Fisher, Psy.D.	Substance Abuse Treatment	2-7-06
TBA	Intern Presentation - 1	2-14-06
Mike Bourke, Ph.D.	Polygraph Testing	2-21-06
Sue Ethridge	Art Therapy	2-28-06

Tanya Cunic	Neuropsychology and Malingering	3-7-06
TBA	Intern Presentation - 2	3-14-06
TBA		3-21-06
Robert Melin, Psy.D.	Preventing Therapist Burnout	3-28-06
Tom Costello, MSW	Role of Federal Government in Disaster Mental Health Response	4-4-06
N. Chanell Williams, Ph.D	Psychological Practice in a Medical Setting	4-11-06
TBA	Intern Presentation - 3	4-18-06
Lela Demby, Ph.D.	Extremist Groups in Prisons	4-25-06
Jennifer Schnitzer, Ph.D.	PCL-R and HCR-20	5-2-06
Jill Grant, Psy.D.	Body Image Disturbance as it Relates to Psychological and Medical Problems: Assessment and Treatment Issues	5-09-06
TBA	Intern Presentation - 4	5-16-06
Kevin McBride, Ph.D.	Child Custody & Allegations of Abuse/Neglect Evaluations	5-23-06
Rhett Landis, Ph.D.	Licensure and Related Credentialing	5-30-06
TBA	Intern Presentation - 5	6-6-06
Lee Marcus, Ph.D. <sup>4</sup>	Current Research and Practice in Autism	6-13-06
Karen Steinour, Ph.D. Gary Junker, Ph.D.	Meeting with Interns	6-20-06
TBA	Intern Presentation - 6	6-27-06
TBA	Intern Presentation - 7	7-11-06
Caroline Frazer, Psy.D.	Counseling Gay and Lesbian Clients	7-18-06
Brian Grover, Psy.D.	Social Learning Theory Model of Addiction	7-25-06
Brian Grover, Psy.D.	Marlatt's Relapse Prevention Model	8-1-06
Lela Demby, Ph.D. Dawn Graney, Psy.D.	Hostage Negotiations Crisis Support Team	8-8-06
TBA	Make-up Day	8-15-06

- 1 John Umstead Hospital
- 2 North Carolina Correctional Center for Women
- 3 Duke University
- 4 University of North Carolina School of Medicine